



***Kathryn Oliver, Psy.D.***  
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#### DISCLOSURE STATEMENT

Kathryn Oliver, Psy.D., 7600 East Arapahoe Road, Suite 305, Centennial, CO 80112  
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Credentials: Psy.D. Clinical Psychology 2006, The California School of Professional Psychology at Alliant International University  
MA Counseling Psychology, 2000, University of Denver, Graduate School of Education  
BA General Psychology, Philosophy Minor 1996, Southern Oregon University  
Licensed Psychologist PSY.0004744  
APA Member since 2000

1) The practice of licensed or registered persons in the field of psychotherapy is regulated by the Mental Health Licensing Section of the Division of Registrations. The Department of Regulatory Agencies can be reached at 1560 Broadway, Suite 1350, Denver, Colorado 80202, (303) 894-7800. As to the regulatory requirements applicable to mental health professionals:

- Registered psychotherapist is a psychotherapist listed in the State's database and is authorized by law to practice psychotherapy in Colorado but is not licensed by the state and is not required to satisfy any standardized educational or testing requirements to obtain a registration from the state.
- Certified Addiction Counselor I (CAC I) must be a high school graduate, complete required training hours and 1,000 hours of supervised experience.
- Certified Addiction Counselor II (CAC II) must complete additional required training hours and 2,000 hours of supervised experience.
- Certified Addiction Counselor III (CAC III) must have a bachelors degree in behavioral health, complete additional required training hours and 2,000 hours of supervised experience.
- Licensed Addiction Counselor must have a clinical masters degree and meet the CAC III requirements.
- Licensed Social Worker must hold a masters degree in social work.
- Psychologist Candidate, a Marriage and Family Therapist Candidate, and a Licensed Professional Counselor Candidate must hold the necessary licensing degree and be in the process of completing the required supervision for licensure.
- Licensed Clinical Social Worker, a Licensed Marriage and Family Therapist, and a Licensed Professional Counselor must hold a masters degree in their profession and have two years of post-masters supervision.
- A Licensed Psychologist must hold a doctorate degree in psychology and have one year of post-doctoral supervision.

2) Your Therapist: You are entitled to receive information from your therapist about the methods of therapy, the techniques used, the duration of therapy (if known), and the fee structure. You can seek a second opinion from another therapist or terminate therapy at any time.

In a professional relationship, sexual intimacy is never appropriate and should be reported to the board that licenses, registers, or certifies the licensee, registrant or certificate holder.



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3) Goal Setting: You have the right to and are strongly encouraged to participate in the process of selecting an appropriate treatment approach and setting treatment goals.

4) Record-Keeping: In order to provide the best healthcare, your therapist is legally required to keep a record of your attendance and services. Currently, mental health professionals are required to maintain client records for a period of seven years from the date of termination of therapy. In addition, any complaint filed with the Division of Professions and Occupations in the Department of Regulatory Agencies (DORA) against a mental health professional alleging a maintenance of records violation must be made within seven years after the former client discovered or reasonably should have discovered the violation. The applicable board in the Division of Professions and Occupations must either take disciplinary action on the complaint or dismiss the complaint within two years. For more information, please see [House Bill 17-1011 Statute of Limitation Discipline Mental Health Professional](#).

5) Confidentiality: Generally speaking, the information provided by and to clients during therapy sessions is legally confidential and cannot be released without the client's or responsible party's written consent. There are exceptions to this confidentiality, some of which are listed in section 12-43-218 of the Colorado Revised Statutes as well as other exceptions in Colorado and Federal law. For example, mental health professionals are required to report suspected child abuse or imminent lethal risk to oneself or an identified party to authorities. If a legal exception arises during therapy, if feasible, you will be informed accordingly. The Mental Health Practice Act (CRS 12-43-101, et seq.) is available at: <http://www.dora.state.co.us/mental-health/Statute.pdf>.

When I am out of town or otherwise unavailable, I will typically have another therapist on call for me. If necessary, I reserve the right to disclose confidential information from your record, including personally identifiable information, to this on-call therapist to facilitate the coverage of your care in my absence.

Please be aware that my primary phone number is a cell phone. Although it is a very rare occurrence, cellular calls and text messages can sometimes be intercepted by third parties. Please also note there are confidentiality risks with any correspondence via electronic communication (email), although an encrypted, HIPAA-compliant email is available at this time. Please let me know if you have concerns regarding this and alternative arrangements will be made.

**I understand the risks to confidentiality in the use of current technologies for communication, and prefer to use to following communication channels:**

- HIPAA-compliant email**
- cell phone/ text messaging**
- mail**
- landline phone**

